



Pampering on Post

A new facility in Fairfield offers spa-goers the best of all worlds: a menu that includes doctor-supervised facial-rejuvenation treatments along with pampering procedures and services in a serene and soothing setting.

TURQUOISE MEDICAL SPA was founded by board-certified plastic surgeon Lawrence J. Fliegelman, MD, and board-certified head and neck surgeon Richard Levin, MD, who offer free consultations for clients who have been contemplating Botox, Hylaform, Sculptra and some of their other high-tech options, treating everything from wrinkles to varicose veins. The spa's wide range of luxurious facials and massages include The Rock, a facial for men, and the ninety-minute, hot-stone Sea Stones massage.

Turquoise: A Medical Day Spa, 1275 Post Road, Fairfield, 319-1900.

Hours: Tuesday through Friday, 10 a.m to 6 p.m.; Thursday night until 9 p.m.; Saturday, 9 a.m to 6 p.m.; Sunday, 11 a.m to 3 p.m.